

24 Hour Postural Management

Two-day workshop requirement for the optional Level 1 Lying credential.

“Night-time Positioning & Lying Supports – part of a 24hr postural management approach.”

Objectives:

The emphasis of this two day workshop will be on assessing and prescribing sleep systems and lying supports as part of an integrated approach to postural management.

Therapists attending this workshop will:

- Understand the importance of a 24 hour approach to postural management
- Understand the importance of client education about positioning as an early intervention approach for people with neurological conditions
- Be able to identify destructive postures through observation and physical evaluation
- Become familiar with the Chailey Levels of Lying ability and the Gross Motor Function Classification System
- Understand the implications of introducing positional change through the night
- Be able to identify the parameters of lying equipment to minimise the development of contractures/ deformity and/or to support a functional position
- Become familiar with a variety of products currently available – both low tech and high tech
- Consider the processes/networking required at a local level to ensure an integrated approach to postural management is facilitated

Programme:

- 24hr Postural management – What is it? How is it helpful?
- Indicators for night-time positioning & lying supports
- The importance of early intervention for people with neurological conditions
- Equipment solutions and clinical applications – practical
- Case studies and assessment
- MOH funding criteria

Please bring a rug or exercise mat with you.