

# Complex Custom Seating

One-day workshop designed to assist therapists working with people who have complex physical needs and are likely to need custom seating solutions. It is expected that therapists will already be working as a Level 2 Wheeled Mobility and Postural Management assessor.

## **“Extending practice - supported seating for people with complex physical presentations”**

### **Objectives:**

Therapists completing this workshop will be able to:

- Apply theoretical principles and biomechanics of seating to clinical practice for people with complex physical presentations
- Record assessment findings to demonstrate clinical rationale and an understanding of when to reduce, accommodate or inhibit postural asymmetry, and how this could be achieved
- Identify a range of seating options which allow for custom adjustments and contouring for people with asymmetry and reduced range of movement
- Identify indicators for custom fabricated seating solutions
- Provide an integrated postural management approach using lying and seated positions
- Consider the impact of customised seating solutions on the wheeled mobility base prescription/configuration

### **Programme:**

- Principles and biomechanics of seating for people with complex physical needs
- Review of clinical assessment and recording of assessment findings and plan for intervention – case examples will be used
- Practical session with seating equipment with high level of adjustability and ability to contour
- Adapting the mobility base to meet positioning needs
- Custom case study – hints and explanations
- Finish