

# Level 1

## Refresher

One-day refresher workshop for EMS assessors credentialed in Level 1  
Wheeled Mobility & Postural Management (and Lying).

### Objectives:

- To briefly review the biomechanics of seating with particular reference to pelvic stability and function, and the physical assessment process
- To be familiar with current research and best practice guidelines as they relate to pressure management and seating for wheelchair users
- To use clinical reasoning to discuss possible solutions to client case studies
- To become familiar with any changes in technology or product options that can be used with clients who have non-complex wheeled mobility and postural management needs
- To review assessment tools and training strategies for wheelchair users
- To review and understand 24 hr Postural Management Theory and when supported lying positions are indicated

### Programme:

9.00 – 10.30

- Principles of seating for function and pressure management
- The effect of wheelchair configuration on pressure and function

10.30 – 10.45 – Morning tea

10.45 – 12.30

- Functional considerations for different disability groups – case studies

12.30 – 1.00 – Lunch break

1.00 – 2.15

- New technology and product changes
- Assessment tools and training strategies

2.15 – 2.30 – Afternoon tea

2.30 – 4.00

- 24 hr Postural Management (Lying) – review of assessment considerations
- Case studies