

# Level 2

## Complex Seating

Two-day workshop module which meets the Level 2 Wheeled Mobility & Postural Management credential requirements for EMS assessors.

**“Managing posture, promoting function & participation for people with complex seating needs.”**

### **Objectives:**

Therapists completing this workshop will be able to:

- Apply theoretical principles and biomechanics of seating to clinical practice
- Understand the importance of thorough assessment and ongoing review
- Utilise appropriate outcome measures for intervention
- Undertake a mat evaluation in lying and sitting
- Provide seating solutions which promote motor development and function
- Identify potential risks of secondary complications and prescribe seating to reduce these risks as appropriate
- Differentiate between the need to correct, accommodate or inhibit postural asymmetry
- Identify parameters for equipment to meet positioning and functional needs
- Adjust modular seating to meet positioning needs
- Identify indicators for custom seating

### **Programme:**

The content of our programmes are continuously updated to reflect evidence informed practice. You can expect to have a mixture of theory and practice within the workshop including hands-on physical assessment practice, assessing the adjustable components of modular seating, and working in small groups with clients.

Workshops are limited to 20 to ensure everyone has a good opportunity to access the facilitator during the practical sessions.